



Doulas Care Program

Nurturing, Educating and Empowering Childbearing Families

**Postpartum Doula Training
Scholarship Application**

Please rank the training packages below in order of preference according to which package you want to take. If you are not granted your first choice and you have indicated a willingness to attend another set of trainings, we will keep your application active and reconsider you among the next pool of candidates.

Option II Enter Dates Here: _____
 Option III Enter Dates Here: _____

Name: _____

Address: _____

City: _____ **State:** _____ **Zip Code:** _____

County: _____ **Phone:** _____ **Email:** _____

Check all that apply:

Mother Teen mom Single mom Low income
 Student: type or major _____

Racial/ethnic group(s):

African-American Arabic Asian Caucasian Hispanic
 Native American Multi-racial
 Other (please specify) _____

Languages spoken, other than English (please indicate level of fluency):

Spanish Arabic American Sign Language
 Other (please specify) _____

Doulas Care is a non-profit 501(c)(3) organization

Offices located at Center for the Childbearing Year 722 Brooks Street Ann Arbor Michigan 48103
1-866-845-0003 or 734-332-8070 Doulascare@center4cby.com www.center4cby.com



Doulas Care Program

Nurturing, Educating and Empowering Childbearing Families

Please answer the following questions.

1. Why do you want to be a postpartum doula?

2. Do you have children yourself?

3. If you have children, did you breastfeed? Can you tell us about your experience with breastfeeding?

4. If you do not have children, have you had any experience working with newborns? Tell us about it.

5. Have you had any experience assisting families in the early weeks postpartum?

6. Have you read any books on the subjects of pregnancy, natural childbirth, breastfeeding, parenting, etc.? Please list.

7. Where do you see yourself in 3-5 years?

8. Will you be able to attend every session of the package you have elected?

9. Do you intend to fulfill all of the requirements towards Postpartum Doula Certification? (Please visit www.DONA.org for more information on doula certification requirements.)



Doulas Care Program

Nurturing, Educating and Empowering Childbearing Families

10. The *Doulas Care Program* is a volunteer program that helps student doulas gain experience at births by matching them with low income, at risk women who could use some extra support during their pregnancy, birth, and postpartum but can't afford to hire a doula. Postpartum volunteers typically work in 3-4 shifts to assist families in need. Volunteer work must be completed within one year of completing the training. Do you believe it is realistic for you to commit to providing 50 hours of free postpartum services to families in need? If your ability to volunteer as a doula is limited for any reason (i.e., childcare concerns, transportation limitations, travel plans, school or work conflicts, current pregnancy), please explain.

11. What is your comfort level or experience in working with a culturally diverse population of women with limited resources?

12. Where or from whom did you hear about this program?

13. How important is this scholarship to you in order for you to become a postpartum doula?

14. Is there anything else you would like us to take into consideration when reviewing this application?